



Student & Family Community Resource Guide

Below is a database of resources available to students and families. Although this list has been recently updated, agencies are ever changing. If you find an error or information that is outdated, please contact Mindy Davis at mdavis@perued.net to have this guide updated.

Type of Resource:	Agency Name (click on link to visit each agency's website):	Service Area/ Location	Phone:	Accepts Medical Card	Additional Info:
24 Hour Crisis Hotline	Screening, Assessment, & Support Services (SASS)	All	800-345-9049		SASS CARES (Crisis and Referral Entry Services)
24 Hour Crisis Hotline	Crisis & Suicide Lifeline	All	988		
24 Hour Crisis Hotline	PATH Crisis Center Resource Directory	All	211, 888-865-9903		help with food, shelter, counseling, financial assistance, employment, healthcare, etc.
24 Hour Crisis Hotline	National Domestic Violence Hotline	All	800-799-7233		
24 Hour Crisis Hotline	National Helpline	All	800-662-4357		treatment referrals
24 Hour Crisis Hotline	National Mental Health Hotline	All	866-903-3787		
24 Hour Crisis Hotline	Crisis Text Line	All	741741		
Abuse -Domestic Violence/ Sexual Abuse -Domestic Violence/ Sexual Abuse Prevention & Intervention	Freedom House in Princeton	Marshall/Putnam	800-474-6031		Resources and counseling
Abuse Prevention & Intervention	Safe Journeys	Streator	815-673-1555		Resources and counseling
Abuse Prevention & Intervention	7th Fire Counseling Partner Abuse Program	Ottawa	815-433-4829		Substance abuse services
Abuse Prevention & Intervention	Alternatives for the Older Adult	Spring Valley	800-798-0988		elder abuse
Abuse Prevention & Intervention	Dani-Brandon Center for Children -LaSalle County's Child	Ottawa	815-433-0411		
Abuse Prevention & Intervention	Illinois Department of Children & Family Services (DCFS)	Ottawa	815-433-4371		child abuse 800-252-2873
Abuse Prevention & Intervention	LaSalle County CASA- Court Appointed Special Advocate	Ottawa			
Abuse Prevention & Intervention	Options Counseling Services, LLC	Streator			
Basic Needs	Community Resource Specialist		Dial 2-1-1		
Basic Needs	Department of Human Services	Ottawa, LaSalle	815-433-1572, 815-223		SNAP, medical assistance, cash benefits
Basic Needs	Faithful Inspirations	Spring Valley			Women & children's clothing & supplies
Basic Needs	ReStore (Habitat for Humanity bargain store)	Peru			
Basic Needs	Salvation Army	Ottawa, Streator	815-433-0789, 815-672		
Basic Needs	Valley Immigrant Advocates	Ottawa			
Basic Needs Housing/Utilities/Rent	Tri-County Opportunities Council (TCOC)	All	800-323-5434, 815-625		Resources by county, such as energy assistance, emergency vehicle/housing repairs, Head Start daycare, scholarships, etc.
Basic Needs- Clothing	Maqi Baby Chest				new and used baby items
Basic Needs- Financial	GetBanked	All			
Basic Needs- Legal	Illinois Legal Aid Online	All			
Basic Needs- Other	Grandfamilies.org	All			Resources for families that are grandparents & grandchildren
Basic Needs- Phone/ Internet	Affordable Connectivity Program (ACP)	All			Low cost wireless
Child care	Caring Hands	LaSalle	815-224-4067		
Child care	YMCA (before after school care)				
Child care	Child Care Assistance Program (CCAP) IDHS		800-843-6154		
Child care (in home)	Daycare Provider Lookup				
Counselors & Evaluators	Cynthia Ashley	LaSalle	815-223-4337		
Counselors & Evaluators	Carrillo, David	Palatine	847-934-6290		Spanish therapy
Counselors & Evaluators	Ginger Brainard (Hygenic Institute)	Peru	815-538-1355	x	
Counselors & Evaluators	Gorenz, David	Princeton	815-872-2273		
Counselors & Evaluators	Kline, William	Ottawa	815-433-4748		
Counselors & Evaluators	Nelson, Mike	Utica	815-667-4192	x	
Counselors & Evaluators	Parvin, Matthew	Plainfield	815-254-7400		
Counselors & Evaluators	Shepherd, Benjamin	Princeton	815-872-2943		Autism, neuropsychology
Counselors & Evaluators	Stefani, Roger & Associates	Orland Park	708-349-4420		
Counselors & Evaluators	Ward, Dr. Eric	Peoria	309-683-7373		ADHD
Counselors & Evaluators	Dannenberger, Bruce	Ottawa	815-434-2118		
Counselors & Evaluators (Agencies)	Behavioral Health Urgent Care Clinic (NCBHS)	La Salle (Hygienic)	815-434-4727		crisis assessment, alternative to ER visit, open 8:30-5:00 pm M-F on a walk-in basis
Counselors & Evaluators (Agencies)	North Central Behavioral Health (NCBHS)	LaSalle, Ottawa,	815-224-1610, 815-434	x	
Counselors & Evaluators (Agencies)	7th Fire Counseling	Ottawa	815-433-4829, 815-433		
Counselors & Evaluators (Agencies)	Anukah Institute	Princeton	815-872-2943	x	
Counselors & Evaluators (Agencies)	Choices (OSF St. Elizabeth Medical Center)	Ottawa	815-434-4382	x	
Counselors & Evaluators (Agencies)	Crossroads Counseling Services	Ottawa	815-941-3882		
Counselors & Evaluators (Agencies)	Equine Empowered Counseling Center	Hennepin, IL	815-797-2202		utilizes animals to navigate the mental health journey.
Counselors & Evaluators (Agencies)	Illinois Valley Counseling Services	Ottawa, Mendota	815-993-1614		
Counselors & Evaluators (Agencies)	Marriage Resource Center of IL Valley	Peru	815-326-9576		
Counselors & Evaluators (Agencies)	https://lifebalancecounselingandwellness.com/	LaSalle	815-780-8765		
Counselors & Evaluators (Agencies)	New Options Counseling Services, LLC	Streator	815-672-1802		
Counselors & Evaluators (Agencies)	Calhoun Consultants	Ottawa			
Counselors & Evaluators (Agencies)	Carte Clinic: Child Diagnostic Clinic	Urbana	217-383-3100		neurology autism eval
Counselors & Evaluators (Agencies)	Catholic Charities	LaSalle	815-223-4007	x	sliding scale, adoption.Pre & Postnatal education - parenting skills classes
Counselors & Evaluators (Agencies)	Center for Contextual Change	Oak Park/Skokie	708-386-8145		
Counselors & Evaluators (Agencies)	Dreyer Clinic	Aurora	630-859-8752		ADHD
Counselors & Evaluators (Agencies)	Health Directions (NCBHS)	LaSalle-Peru	815-223-5223		
Counselors & Evaluators (Agencies)	https://www.ermcottawa.com/	Ottawa	815-326-9502		
Counselors & Evaluators (Agencies)	Human Service Center	Peoria	309-671-8040		Alcohol & Drug
Counselors & Evaluators (Agencies)	Dulv's behavioral and mental health services	Morris	630-469-9200	x	formerly know as The Institute for Personal Development (IPD)
Counselors & Evaluators (Agencies)	Journeys Counseling	Princeton	815-872-2100		Sliding scale
Counselors & Evaluators (Agencies)	Kreider Services	Dixon	815-440-7590		free autism eval
Counselors & Evaluators (Agencies)	Little Friends	Aurora	630-355-8533		autism eval
Counselors & Evaluators (Agencies)	University of Chicago- Developmental Disabilities Clinic	Chicago	773-702-3858		neurology, autism eval
Counselors & Evaluators (Agencies)	University of Illinois	Ottawa	815-433-0707		autism eval
Counselors & Evaluators (Agencies)	University of Iowa- Center for Disabilities & Development	Iowa City	877-686-0031		
Counselors & Evaluators (Agencies)	Youth Service Bureau of Illinois Valley (YSB)	LaSalle, Ottawa	815-223-4151, 815-433	x	youth Counseling/parenting.
Counselors & Evaluators (Agencies)	Youth Service Bureau of Illinois Valley (YSB)	Princeton, Streat	815-872-2119, 815-617	x	youth Counseling/parenting.

Disability Services	Social Security Administration	Peru	815-223-5422		Social Security or Supplemental Social Security Income
Disability Services	Bureau Marshall Putnam Tri-County Special Ed Coop (BM)		815-646-8031		
Disability Services	Illinois Elks Children's Care Corporation	LaSalle	815-223-0317		Free local clinics. Orthopedics800-272-0074
Disability Services	Friendship House	Ottawa	815-434-0737		Autism Resource Center 815-431-9126. child recreation, support groups, respite
Disability Services	Gateway Services, Inc.	Princeton	815-875-4548		Autism support group
Disability Services	Horizon House of Illinois Valley	Peru	815-223-4488		815-223-2515, respite, transitional, grants
Disability Services	Illinois Valley Center for Independent Living (IVCIL)	LaSalle	815-224-3126		
Disability Services	Starved Rock Regional Center for Therapy and Child Dev	Ottawa	815-434-0857		Education, respite, support groups
Disability Services	LaSalle-Putnam Educational Alliance for Special Educatio	Ottawa	815-433-6433		
Disability Services	March of Dimes- Heartland Illinois Division	LaSalle	815-200-5806		
Disability Services	Starved Rock Area Special Olympics	Peru	815-220-8128		
Disability Services	Streator Unlimited, Inc.	Streator	815-673-5574		
Employment	Advance Services, Inc.	Peru	815-250-0424		
Employment	All About Personnel	Ottawa	815-324-4034		
Employment	Express Employment Professionals	Ottawa	815-306-0250		
Employment	Innovative Staff Solutions	Peru	815-780-8695		
Employment	Manpower	Peru	815-223-7942		
Employment	Peoplelink Staffing Solutions	Peru	815-780-8530		
Employment	StaffQuick	Peru	779-201-5985		
Employment	Student Job Corps	All			
Employment	The Reserves Network	Peru, Ottawa, Pri	815-224-3175, 815-224		
Employment	Business Employment Skills Team, Inc. (BEST)	Peru, Ottawa	815-224-7930, 815-433		job training/ schooling
Food	Bureau County Food Pantry	Princeton	815-875-6064		
Food	Community Food Basket	Ottawa	815-431-0155		
Food	Crossbridge Church- Feed His Children	LaSalle County			contact your school
Food	Hall Township Food Pantry	Spring Valley	815-663-2085		
Food	Illinois Valley Food Pantry	La Salle	815-224-3658		
Food	Mendota Area Christian Food Pantry	Mendota	815-538-2211		
Food	Putnam County Food Pantry	Granville	815-339-6480		
Food	A Servant's Heart Fellowship	Ottawa	815-434-3470		community kitchen, resale boutique for the homeless and needy
Food	Streator Food Pantry	Streator	815-673-3688		
Food	WIC (Women's, Infants, & Children)	La Salle, Ottawa	815-223-3405, 815-431		helps pregnant women, new mothers, and children under 5 years old
Home Health Care	Guiding Light Hospice	Serena	815-830-7499		
Home Health Care	Home Bound Health	Peru	815-220-8808		
Home Health Care	Illinois Valley Home Health/ Hospice Services	Peru	815-224-1307		
Home Health Care	In-Home Care VNA	Princeton	815-875-4114		
Home Health Care	PrairieLand Home Care	Spring Valley	815-663-2229		
Home Health Care	Angels Private Care, Ltd	Spring Valley	815-664-2626		
Hospitals & Health Clinics	OSF St. Elizabeth Medical Center in Peru	925 West Street,	(815) 221-1380	x	
Hospitals & Health Clinics	OSF St. Elizabeth - Diagnostic Imaging	925 West Street,	(815) 431-5471	x	
Hospitals & Health Clinics	OSF St. Elizabeth - Outpatient Lab	925 West Street,	(815) 221-1385	x	
Hospitals & Health Clinics	OSF Medical Group - Obstetrics & Gynecology	920 West Street,	(815) 431-0435	x	
Hospitals & Health Clinics	OSF Occupational Health	1412 Midtown Ro	815-538-1353	x	
Hospitals & Health Clinics	OSF Rehabilitation	1424 Midtown Ro	815-538-1354	x	physical, occupational and speech therapies
Hospitals & Health Clinics	OSF HealthCare - Medical Group (Primary Care)	1436 Midtown Ro	(815) 538-1355	x	
Hospitals & Health Clinics	OSF PromptCare	1650 Midtown Ro	815-538-1351	x	
Hospitals & Health Clinics	OSF HealthCare - Medical Group (Primary Care)	1650 Midtown Ro	815-538-1351	x	
Hospitals & Health Clinics	OSF HealthCare - Medical Group (Primary Care)	415 East 2nd Stre	(815) 221-1340	x	
Hospitals & Health Clinics	OSF HealthCare - Medical Group (Primary Care)	790 West Walnut	(815) 221-1330	x	
Hospitals & Health Clinics	OSF St. Paul	Mendota	815-539-1409	x	Rehab services (OT,PT)
Hospitals & Health Clinics	OSF St. Elizabeth Medical Center (CHOICES)	Ottawa	815-434-4382	x	
Hospitals & Health Clinics	St. Francis (OSF)	Peoria	309-683-7373	x	
Hospitals & Health Clinics	Community Health Partnership of Illinois (CHP)	Mendota	815-539-9015	x	offering medical care, dental care
Hospitals & Health Clinics	Alexian Brothers Hospital	Hoffman Estates	800-432-5005	x	
Hospitals & Health Clinics	Bureau County Health Department	Princeton	815-872-5091	x	
Hospitals & Health Clinics	LaSalle County Health Department	LaSalle Cty	815-433-3366	x	
Hospitals & Health Clinics	Linden Oaks Behavioral Health	Naperville	630-305-5500	x	
Hospitals & Health Clinics	Lurie Children's Memorial Hospital	Chicago	800-543-7362	x	1,800.KIDS DOC pediatrics neurology Psychiatry, eval.
Hospitals & Health Clinics	Mayos Clinic	Rochester, MN		x	
Hospitals & Health Clinics	Carle Health Methodist Hospital	Peoria	309-672-3100	x	
Hospitals & Health Clinics	Morris Hospital	Morris		x	
Hospitals & Health Clinics	Pavillon Behavioral Health System	Champaign		x	
Hospitals & Health Clinics	Perry Memorial Hospital	Princeton	815-875-2811	x	
Hospitals & Health Clinics	Riveredge Hospital	Forest Park	708-209-4181	x	Age 4+
Hospitals & Health Clinics	Rush Presbyterian Hospital	Chicago	312-942-4036	x	Neurology, tourettes, movement disorders
Hospitals & Health Clinics	Streamwood Behavioral Health Hospital	Streamwood	800-272-7790	x	
Housing/Utilities/Rent	Bethel Lutheran Church	LaSalle County			Basics household items
Housing/Utilities/Rent	Habitat for Humanity	Ottawa	815-434-2041		Habitat Homes for low-income families based on need
Housing/Utilities/Rent	Housing Authority for La Salle County	LaSalle	815-434-0380		If in need of immediate housing due to domestic violence,complete VAWA paperwork to expedite the processing time.
Housing/Utilities/Rent	IVPADS Homeless Shelter	Peru, Ottawa	815-224-3047, 815-433		homeless shelters: LaSalle County 1320 Menards Dr, Peru, IL 61354, 1120 Canal St, Ottawa, IL 61350
Housing/Utilities/Rent	The Department of Human Services	All			
Housing/Utilities/Rent	Warm Neighbors Cool Friends	Marshall/Putnam			
Insurance/ Prescription Assistance	Division of Specialized Care for Children (DSCC)	Peoria, etc	800-322-3722		case management and finacial assistance to children with qualifying medical conditions
Insurance/ Prescription Assistance	Illinois Comprehensive Health Insurance Plan (ICHIP)	Springfield	800-962-8384		
Insurance/ Prescription Assistance	Kid Care/ Medicaid		800-226-0768		
Insurance/ Prescription Assistance	Partnership for Patient Prescription Assistance		888-477-2669		
Pre-School	Head Start	All	800-323-5434		Resources by county, such as energy assistance, emergency vehicle/housing repairs, Head Start daycare, scholarships, etc.
Pre-School	Illinois Child Care Connect (ICCC)		800-301-3304		resource & referral, financial subsidy 800-421-4371
Pre-School	Peru Catholic Pre-School	Peru	815-224-1914		
Pre-School	Preschool (YMCA)	Peru	815-223-7904		
Pre-School	Peru Elementary		815-223-1111		
Pre-School	Tri-County Opportunities- Head Start Program (TCOC)		815-224-0028		
Pre-School	Trinity Catholic Academy Preschool	LaSalle	815-223-8523		

Pre-School	Zearing Child Enrichment Center	Princeton	815-875-2335		
Substance Abuse	Alcoholics Anonymous	LaSalle	815-223-7374		
Substance Abuse	Chestnut Health Systems	Bloomington, etc.	309-827-6026		
Substance Abuse	Gage and Associates				
Substance Abuse	Gateway	Joliet, IL	815-255-6640		
Substance Abuse	Maitri Path to Wellness		815-780-0690		
Substance Abuse	Rosecrance Health Network	Rockford	866-435-4041, 815-387-		
Substance Abuse	The Perfectly Flawed Foundation	LaSalle	815-830-8675 (call/text)	Email team@perfectlyflawed.org, Peer support services, harm reduction, education, & advocacy	
Transportation	Bureau & Putnam Area Rural Transit (BPART)	Princeton	877-874-8813		
Transportation	NCAT	Ottawa	833-433-6228	Email: ncat@ridencat.com	
Vision (exam, frames)	Lasalle County School Health Services	LaSalle County	815-434-8663		
Vision (exam, frames)	Bard Optical				
Vision (exam, frames)	Illinois Society for the Prevention of Blindness				
Vision (exam, frames)	Loins Club				