

# Parent/Caregiver Education Night

## When & Where

Tues Sept 27th

6 - 7:30 PM

Doors Open 5:30 PM

Parkside School

## Childcare

Provided by Peru

Elementary

## PD for Educators

Peru Elementary teachers

- attend for optional  
professional development  
hours. Just sign in at the  
ROE #35 booth!



## Mental Health Matters

Join Peru Elementary and the Regional Office of Education #35 for a night focused on what parents/caregivers need to know. Learn about the signs & symptoms of mental health issues, how to teach coping skills, and what to do as a caregiver to help your children develop protective factors.

Door Prizes for asking  
the question of the day!



## Learn about Resources

Stop by when doors open at 5:30 PM to visit booths operated by local mental health & community organizations like

North Central Behavioral Health  
Illinois Valley Youth Service Bureau  
Safe Journeys  
Illinois Valley Center for Independent Living  
And more!

**Apply for the Community  
Wellness YMCA scholarship at  
the ROE 35 table!**