

PERU ELEMENTARY SCHOOL DISTRICT #124

BREAKFAST/LUNCH MENU

OCTOBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Juice Fruit Cereal Yogurt BBQ Rib on a Bun Baked Beans Potato Wedges Peaches	Juice Fruit Mini Pancakes Sub Sandwich Celery & Carrot Sticks Ranch Graham Crackers Mixed Fruit	Juice Fruit Chocolate Banana Bar Chinese Chicken Dumplings Vegetable Fried Rice Vegetable Egg Roll Orange Wedges	Juice Fruit Dutch Waffle Spaghetti Breadstick Romaine Lettuce Salad with Dressing Pineapple	NO SCHOOL
10	11	12	13	14
NO SCHOOL	Juice Fruit Biscuit with Jelly Chicken Strips Carrots Ketchup Pears	Juice Fruit Sausage Burrito Cheeseburger on a Bun Baked Beans Corn Peaches	Juice Fruit Mini Loaf Cereal 3 Cheese Spiral Noddles Dinner Roll with Butter Green Beans Applesauce	Juice Fruit Breakfast Pizza French Bread Pizza Spinach Salad with Dressing Apricots
17	18	19	20	21
Juice Fruit Scrambled Eggs with Bacon Mini Corn Dogs Ketchup French Fries Baked Beans Mandarin Oranges	Juice Fruit Banana Bread Chili Cheez Its Broccoli with Ranch Cup Pears	Juice Fruit Yogurt Cereal Sloppy Joe on a Bun Mixed Vegetables Tropical Fruit	Juice Fruit Cinnamon Monkey Bread Chicken Fajitas Tortilla Salsa Carrot Sticks with Ranch Cup Sliced Apples	Juice Fruit Breakfast Pizza Stuffed Crust Pizza Romaine Lettuce Salad with Dressing Sidekick Slushy
24	25	26	27	28
Juice Fruit Breakfast Taco Chicken Drumstick Corn Graham Crackers Pears	Juice Fruit Mini Pancakes Spaghetti with Meatsauce Garlic Bread Spinach Salad with Dressing Applesauce	Juice Fruit Scrambled Eggs Sausage Link Beef and Bean Burrito Refried Beans Salsa Mixed Fruit	Juice Fruit Cereal Yogurt Mozzarella Cheese Sticks Marinara Cup Mixed Vegetables Apricots	Juice Fruit Breakfast Pizza Garlic French Bread Pizza Green Beans Peaches
31	1	2	3	4
Juice Fruit Powdered Mini Donuts NO LUNCH - ½ DAY	Juice Fruit Scrambled Eggs Sausage Patty Italian Chicken Breast Scalloped Potatoes Green Beans Apricots	Juice Fruit Breakfast Sliders Mac & Cheese Dinner Roll with Butter Corn Peaches	Juice Fruit Apple Frudel Loaded Nachos With Taco Meat Cheese Cup Salsa Tropical Fruit	Juice Fruit Breakfast Pizza Pizza Calzone Marinara Cup Romaine Lettuce Salad with Dressing Sidekick Slushy