

PERU ELEMENTARY SCHOOL DISTRICT 124

BREAKFAST/LUNCH MENU

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Sept 30	1	2	3	4
CEREAL YOGURT FRUIT JUICE MINI TACOS SALSA SWEET POTATO FRIES GRAPES	FRUIT JUICE BANANA BREAD CHEF'S SALAD ROMAINE LETTUCE TOMATOES BOSCO STICK PEACHES	FRUIT JUICE BREAKFAST SLIDERS CHICKEN NUGGETS KETCHUP BAKED BEANS FRENCH FRIES MIXED FRUIT	FRUIT JUICE MINI PANCAKES BREADED PORK CHOP ON A BUN STEAMED CARROTS SUN CHIPS PEARS	FRUIT JUICE CEREAL MUFFIN CREAM OF CHICKEN IN A BREAD BOWL MIXED VEGETABLES APPLESAUCE
7	8	9	10	11
FRUIT JUICE BREAKFAST PIZZA CHICKEN STRIPS SWEET POTATO WEDGES CORN TROPICAL FRUIT	FRUIT JUICE MINI WAFFLES PEPPERONI CALZONE MARINARA SAUCE SPINACH SALAD PINEAPPLE	FRUIT JUICE BISCUIT SAUSAGE PATTY SPAGHETTI W/ MEATSAUCE BREADSTICK MANDARIN ORANGES GREEN BEANS MARINARA CUP	FRUIT JUICE FRENCH TOAST STICKS SALISBURY STEAK MASHED POTATOES W/ BROWN GRAVY PEAS SIDEKICK SLUSHY	NO SCHOOL
14	15	16	17	18
NO SCHOOL	FRUIT JUICE SCRAMBLED EGGS W/ BACON BREADED CHICKEN PATTY ON A BUN BAKED BEANS PEACHES COOKIE	FRUIT JUICE CEREAL YOGURT FISH STICKS FRENCH FRIES BROCCOLI/RANCH CUP APRICOTS	FRUIT JUICE APPLE FRUDEL MAC & CHEESE GREEN BEANS MIXED FRUIT	FRUIT JUICE STRAWBERRY MINI BAGELS SWEET & SOUR CHICKEN VEG FRIED RICE VEG EGG ROLL PEACHES
21	22	23	24	25
FRUIT JUICE BREAKFAST PIZZA RAVS IN MEATSAUCE GARLIC BREAD MIXED VEGS TROPICAL FRUIT	FRUIT JUICE CINNAMON BAGELFUL STUFFED CRUST PIZZA MARINARA SAUCE CAULIFLOWER/BROCCOLI RANCH CUP PEARS	FRUIT JUICE MINI CHOCOLATE DONUTS TURKEY/BACON/CHEESE WRAPS ROMAINE LETTUCE SALAD MANDARIN ORANGES	FRUIT JUICE CEREAL BISCUIT/JELLY LASAGNA ROLL UP W/ MARINARA SAUCE BOSCO STICK GREEN BEANS PEACHES	FRUIT JUICE FRUIT SMOOTHIES MINI BAGELS HOT DOG ON A BUN KETCHUP SUN CHIPS CARROT & CELERY STICKS RANCH CUP PEARS
28	29	30	31	
FRUIT JUICE CHERRY FRUDEL BBQ RIB ON A BUN FRIES BAKED BEANS SIDEKICK SLUSHY	FRUIT JUICE CHOCOLATE BANANA BAR FRENCH BREAD PIZZA SALAD PINEAPPLE	FRUIT JUICE MINI PANCAKES TACO IN A BAG ROMAINE LETTUCE CHEDDAR CHEESE SALSA MIXED FRUIT	FRUIT JUICE BREAKFAST PIZZA NOON DISMISSAL	