

PERU ELEMENTARY SCHOOL DISTRICT 124

BREAKFAST/LUNCH MENU

OCTOBER 2014

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		French Toast Sticks Fruit Juice	Poptarts Fruit Juice	Breakfast Pizza Fruit Juice
		Meatball Sub Spinach Salad Pears	Pizza Burger on Bun Green Beans Pineapple	Cheese Pizza Baked Northern Beans Mixed Fruit
6	7	8	9	10
Cheese Omelet Sausage Link Biscuit/ Jelly	Banana Muffin Golden Graham Cereal Bar Fruit Juice	Pancakes Sausage Patty Fruit Juice	Cereal Biscuit/ Jelly Fruit Juice	NO SCHOOL INSTITUTE DAY
Cheeseburger on Bun Sweet Potato Fries Green Beans Pears	Italian Chicken Strips Brown Rice Carrots Pineapple	Beef Teriyaki Bites Breadstick Peas Orange Wedges	Turkey Wrap Cheesy Potatoes Mixed Fruit	
13	14	15	16	17
NO SCHOOL COLUMBUS DAY	Cereal Granola Bar Fruit Juice	Breakfast Pizza Fruit Juice	Sausage Bagel Yogurt Fruit Juice	Cinn French Toast Fruit Juice
	Ravs in Meat Sauce Garlic Bread Green Beans Apricots	Country Fried Steak Mashed Potato/Gravy Carrots Bread Tropical Fruit	Breaded Chicken Strips Mixed Vegetable Pears	Pepperoni Pizza Rolls Peas Peaches
20	21	22	23	24
French Toast Sticks Fruit Juice	Strawberry Yogurt Bar Bagel/ Cream Cheese Fruit Juice	Sausage Biscuit Fruit Juice	Cereal Yogurt Fruit Juice	Scrambled Eggs Toast/ Jelly Fruit Juice
Hot Dog on Bun Green Beans Applesauce	Breaded Chicken Breast on Bun Fresh Vegetables/Ranch Pears	Macaroni & Beef Dinner Roll Peas & Carrots Tropical Fruit	Chicken Fajita w/ Green Peppers Romaine Lettuce Banana	Cheese Pizza 3 Bean Salad Apricots
27	28	29	30	31
Breakfast Pizza Fruit Juice	Cherry Strudel Cereal Bar Fruit Juice	Waffles Fruit Juice	Cereal Muffin Fruit Juice	Breakfast Burrito Fruit Juice
Pork Tenderloin on Bun Sweet Potatoes Corn Mandarin Oranges	Breaded Chicken Strips Carrots Mixed Fruit	Chili in Bread Bowl Cheese Stick Cole Slaw Peaches	BBQ Ribs on Bun Green Beans Pears	Stuffed Crust Cheese Pizza Romaine Lettuce Apple Crisp

MILK SERVED DAILY WITH BREAKFAST AND LUNCH